

Youth Recreation

PLAY · CREATE · EXPLORE · LEARN

VIRTUAL PROGRAMS

ATHLETICS

Amazing Athletes

AGES 3–5

The perfect class to give every child an opportunity to get moving, develop sports skills, and learn the fundamentals of a different sport virtually each week. Through sport, children will work on hand-eye coordination, gross motor skills, and cognitive development.

Thu, Oct 1–29

5:30–6:15 pm | \$50 res, \$53 non-res

Register by Thu, Sep 24 | [F1101](#)

Tae Kwon Do

AGES 5+

Martial arts instills discipline, focus, endurance, and flexibility. In this virtual class, Master Tom Malone will teach self-defense skills such as kicks, punches, and strikes.

Tue, Sep 29–Nov 3

6–6:45 pm | \$69 res, \$74 non-res

Register by Fri, Sep 25 | [F1118](#)

LEARN

Lego STEM Lab

AGES 5–11

Using LEGO bricks from your personal collection (at least a 1-gallon bag of bricks), participants will build strong bridges, habitats and ecosystems, design landscape architecture, and more! A teacher is always in the virtual classroom interacting with and leading the class.

Sat, Oct 3–24

10–11 am | \$35 res, \$38 non-res

Register by Fri, Sep 25 | [F1263](#)

Lego Mining and Crafting

AGES 5–11

Using LEGO bricks from your personal collection (at least a 1-gallon bag of bricks), participants will build awesome Mine-craft inspired worlds, biomes, petting zoos, mazes, and more! A teacher is always in the virtual classroom interacting with and leading the class.

Sat, Nov 7–21

10–11 am | \$27 res, \$30 non-res

Register by Fri, Oct 30 | [F1264](#)

HOMERECED: A Navigational Guide to Everyday Recreation

This free online program features weekly activity ideas that practically anyone can do to provide those stranded at home with an experience more “Swiss Family Robinson” than “Lord Of The Flies.” All activity videos are posted on Wednesdays and can be found on the City’s YouTube and social media channels, with the complete slate of opportunities and directions listed on the City’s website.



Youth Recreation

PLAY · CREATE · EXPLORE · LEARN

VIRTUAL PROGRAMS

LEARNING

Science of Slime

AGES 8–14

Participants will receive a kit that includes three delightfully bouncy, stretchy, and sticky slime experiments and will learn what goes in to making the stuff while mixing up a batch of Glow Slime. If time permits, we will continue on with Silky and Floam Slime! This slime kit is more than hands-on...it's hands in! Be prepared to have fun and get messy.

Fri, Oct 16

9:30–11:30 pm | \$25 res, \$32 non-res

Register by Thu, Oct 1 | [F1265](#)

KODU Kart Racing

GRADES 4–8

This race-to-the-finish allows participants to create their own racing game in Microsoft's Kodu gaming environment. From terrain design to enemy selection, students are placed at the wheel and given full control to design a video game while exploring the foundations of coding. Links to the pre-recorded videos will be delivered weekly on Mondays. A computer/laptop, solid internet access, and install of the FREE Kudo Game Lab are needed for this class.

Mon, Oct 5–30

10–11 am | \$60 res, \$63 non-res

Register by Mon, Sep 28 | [F1266](#)

Safe at Home

AGES 8+

This virtual class is taught by an American Red Cross Licensed Training Provider and offered for children ages 8 and older who are ever home alone. It will cover safety concerns parents have when their children are by themselves, such as arriving home, responsibilities, phone and Internet safety, fire and gun safety, and many others. Parents are welcome and encouraged to attend the last 15 minutes of class.

Mon, Nov 9

5:30–8:30 pm | \$55 res, \$59 non-res

Register by Fri, Nov 5 | [F1235](#)

ADAPTIVE

Programs and Events with Reach for Resources

AGES 2+

REACH for Resources is a contracted agency that serves Golden Valley and several cities around the Twin Cities Metro area. The goal of this partnership is to provide individuals with developmental disabilities, and their families, with a wide variety of recreational opportunities. The safety of the Reach community is our first priority, so at this time Reach hopes to use technology to connect with participants remotely with plans to host almost exclusively virtual programs and events for Fall 2020.

To register for these programs, visit www.reachforresources.org. To find more adaptive recreation opportunities or details, contact Reach for Resources at 952-393-5880, www.reachforresources.org, or www.facebook.com/Reach4Resources.

- **Young Athletes** Ages 2–7
- **Game Show Night**
- **B-I-N-G-O!** Ages 13+
- **Fabric Pumpkins Craft** (*supplies mailed prior to class*)
- **Virtual Hiking**
- **Ghostly Gala Dance And Costume Contest**
- **Karaoke & Dance Party**
- **Harry Potter Trivia**

